

SUPPORT SERVICES

SOUTHERN CROSS HOUSING FACT SHEET



Shoalhaven

ATSI

Binji and Boori – Shoalhaven
Aboriginal Maternal Infant Child
Health Service (AMICH)
02 4423 9900

Cullunghutti Aboriginal Family
Centre
02 4428 6900

South Coast Aboriginal Medical
Services (AMS)
02 4448 0200

Waminda Women's Health
02 4428 6900

Financial Support

Ulladulla Community Resources
Centre
02 4454 0477

The Smith Family
02 4252 9670

The Salvation Army Nowra
02 4423 2102

Anglicare
02 4424 7100

NILS (No Interest Loan Scheme)
024276 2224

St Vincent De Paul
02 4421 0390

Lifeline South Coast Financial
Counselling
02 4421 5365

Mental Health

Lifeline
13 11 14

Stride Family & Carers Nowra
02 4422 1547

Flourish Australia
1300 779 270

OneDoor
02 9879 2641

WellWays
1300 111 400

Headspace
02 4446 7300

Nowra Community Mental Health
1800 011 511

Grand Pacific Health
1800 228 987

Family Support

Family Services Australia
02 4421 5499

Anglicare Family Services
4424 7100

Stride Family & Carers Nowra
02 4422 1547

Uniting Counselling and Mediation
Nowra
1800 864 846

Child and Family Centre/ Allied
Health Services
02 4424 6460

Child and Family Centre/ Allied
Health Services
02 4423 6304



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Food Assistance

- All Saints Community Care
02 4423 1099
- Bay and Basin Uniting Church Food Pantry
0499 785 728
- Nowra Community food Store
02 4402 9126
- Salt Store
02 4480 5028
- The Hub
02 4421 4602
- St Vincent De Paul
02 4421 0390
- The Salvation Army Nowra
02 4423 2102
- Ulladulla Community Resources Centre
02 4454 0477
- Meals on wheels
02 4422 5111
- Salt Care Response Vehicle
02 4480 5028
- Vinnies Van
02 4228 8140

Aged Care Support

- Age Matters
134 478
- Hammond Care
1800 826 166
- Meals on Wheels
02 4422 5111

Drugs & Alcohol

- The Salvation Army Nowra
02 4423 2102
- Shoalhaven Drug and Alcohol Service
1300 652 226
- Waminda
1800 997 330
- Continued Coordinated Care Program
0466 940 688
- Rosa Co-ordinated Care (RoCC)
02 4444 1103
- Nana Muru
1300 727 857
- Oolong House
02 4422 0644
- Lives Lived Well
02 6362 5337

Domestic Violence

- SAHSSI Shoalhaven Family Counselling
02 4423 2804
- YWCA Australia
02 4423 8510
- National Domestic Violence Line
1800 737 732
- Mission Australia
02 4448 2000
- Family Services Australia
02 4421 5499
- Anglicare Family Services
4424 7100