



**Southern Cross
Housing**

Welcome Home
Ulladulla





Welcome

Southern Cross Housing would like to welcome you to Ulladulla! We hope this Welcome Pack will help you to get to know your neighbourhood.

Contact Southern Cross Housing



info@scch.org.au



Shop 8 118 Princes Highway,
Ulladulla New South Wales 2539



www.scch.org.au



1300 757 885

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Disclaimer

This resource has been made to ensure that the information provided in this book was correct at the time of printing. Information from organisations are subject to change without notice. SCH will endeavour to correct the information when notified.



Acknowledgement

Southern Cross Housing would like to acknowledge the Traditional Custodians of the land. We pay our respects to Elders past and present, the future generations, and to all other Aboriginal and Torres Strait Islander people.

We celebrate and promote the strengths and resilience of Aboriginal and Torres Strait Islander peoples and acknowledge the history of dispossession and the impact that this has had today.

We acknowledge that Aboriginal and Torres Strait Islander people will always hold a spiritual belonging and connection with this country, and remain the Traditional Owners and first peoples of this land.

Emergency Services



Police, Fire & Ambulance

Telephone: 000 (24 Hour Service)

- Ask the operator for the service you need.
- Wait to be connected.
- It is a free call service.
- Remember to say which State you are calling from.
- You will need to give your name and contact number and the nature and location of the emergency and any other details.



SES

NSW SES are the lead agency for flood, storm and tsunami in NSW. They manage responses to these emergencies and help communities prepare through planning and education. Call **132 500** for flood and storm response
188 Camden St, Ulladulla NSW
www.ses.nsw.gov.au
Uld.ops@ses.nsw.gov.au

Local Emergency Services

Ambulance: 131 233

Police: 73 Princes Hwy, Ulladulla 4454 8599

Hospital: Pines Hwy Milton 4455 1333

Medical Centre: Ulladulla Medical Clinic 02 4455 1291

Fire Station: 46 Narrawallee St, Ulladulla 4455 1020

Fire Bans: 1800 654 443

Royal Volunteer Coastal Patrol: Ulladulla Harbour

NSW Rural Fire Service Fire Control: 1800 679 737

Marine Rescue: Ulladulla Harbour 02 4455 3403

SES: 188 Camden St, Ulladulla 132 500



Veterinary Emergency Services

In the unlikely event of an emergency, Ulladulla Veterinary Hospital are there for your pet or livestock 24 hours a day, 7 days a week, including public holidays. Please note that the on call vet cannot accept stray animals out of business hours.

02 4455 5339, 249 Princes Highway, Ulladulla NSW.

WIRES operate a dedicated Wildlife Rescue Office assisting wildlife and the community across Australia 24-Hours a day, 365 days a year providing rescue advice and assistance.

For assistance please call 1300 094 737.



The Milton-Ulladulla Hospital Emergency Department is open 24 hours seven days a week for all people with serious illness or injury who need urgent medical attention. No referral is necessary. The role of an Emergency Department is to treat illnesses or injuries that are serious and require urgent medical attention. The order in which you will be seen in an emergency department is determined by the seriousness of your health problem, not the time of your arrival. Those people with the most serious and urgent conditions are always treated first and those with less serious conditions may have to wait.

Things To Do In Ulladulla

Walking Tracks

Explore heritage walks and nature reserves, then reward yourself with freshly caught oysters and fish. Famous for its seafood and picturesque harbour, Ulladulla offers a laid-back coastal escape in the Shoalhaven region, full of gourmet delights, natural beauty, interesting galleries and surf shops.

Coomee Nulunga Cultural Trail

The Coomee Nulunga Cultural Trail travels through low windswept heath, capturing a living sculpture by the moods and breezes of the Pacific Ocean. The trail makes its way towards the beach, winding through the last contours in the way of the Rainbow Serpent, the creator in Aboriginal Dreamtime stories. The local Aboriginal community hold guided walks along this trail. You can contact them by phoning:

A: Deering Street, Ulladulla

E: ullavisitor@shoalhaven.nsw.gov.au

P: 02 4444 8820

Giriwa Garuwanga Art Galary

Giriwa Garuwanga Art Gallery is an Aboriginal owned and operated art gallery. Located at the Ulladulla Local Aboriginal Land Council (ULALC) office, the gallery features artworks and products for sale created by local artists. You will find traditional and contemporary art and canvases, boomerangs, clap sticks, Twisted Snake Designs clothing range, bags, towels, and more!

A: 66 Deering Street, Ulladulla

P: 02 4455 5883

E: Leanne.ulalc@gmail.com

Marine Rescue Ulladulla Wharf Markets

The Ulladulla Harbour Markets are run by the volunteer members of the local unit of Marine Rescue NSW. Usually held on the second Sunday of each month the craft, produce and speciality stalls attract visitors from near and far.

A: Wason Street, Ulladulla

P: 02 4455 3403

E: ellmarket@gmail.com



South Pacific Heathland Reserve Lookout

South Pacific Heathland Reserve

The South Pacific Heathland Reserve is a 14 hectare flora and fauna reserve on the headland between Rennies Beach and Racecourse Beach at the southern end of Ulladulla. As the southern limit of Sydney sandstone region it is a special place because of its rich community of rare plants, animals and birds, including the glossy black cockatoo, and spectacular coastal views.

Starting Point: Dowling Street, Ulladulla

Walking Tracks

Pigeon House Mountain Didthul Walking Track

Pigeon House Mountain Didthul walking track is one of the best walks in Morton National Park and on the south coast. The walk is in the park's southern section. The walk is pretty steep in parts, but terrific views make it worthwhile. You'll hike through forest, heathland and age-old sandstone before coming to the best part – negotiating a series of ladders that lead you to the summit and the view.

Starting Point: Pigeon House Road, Yadboro

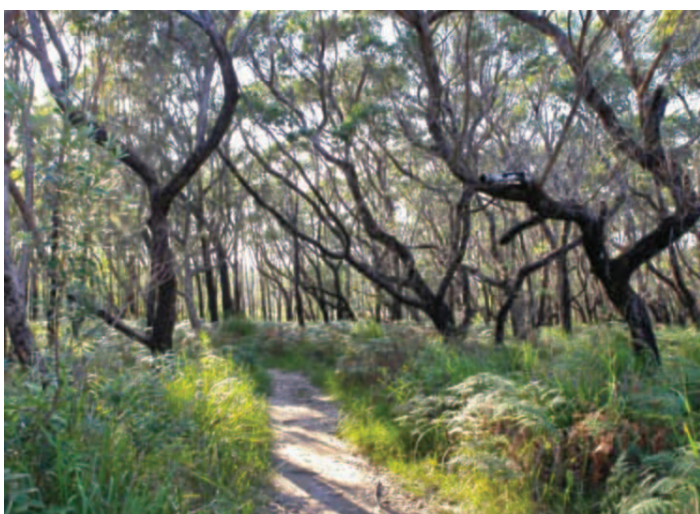
Pot Holes Walking Track

Pot Holes walking track is a short walk with no signage through stunted heathland to unspoilt coastline. With scenic views and picturesque places to picnic along the way, it makes for a great day trip from Ulladulla or Batemans Bay. It's a popular walk amongst the locals heading out for an early morning walk and those on their way to go surfing at Pot Holes Beach. Bring your fishing gear and see what you can catch, or enjoy swimming and whale watching at this magical spot.

Starting Point: Dolphin Point



Pigeon House Mountain



Pot Holes Walking Track

Transport

Community Transport Aid

If you live between Bendalong and North Durras you may be eligible to travel with CTA, whose service takes in such destinations as Sydney, Canberra, Wollongong, Bowral, Nowra and Batemans Bay. CTA is operated entirely by caring, committed drivers and office personnel and there is a pro-rata contribution expected from clients to assist in maintaining this service.

P: 02 4455 4415 - To check eligibility with CTA

Shoalhaven Transport Guide

Get this guide to find out about local transport information in the Shoalhaven area.

W: www.shoalhaventransportguide.com.au

Shoalhaven Passenger Services

Whether you are a local resident or travelling tourist, finding transportation throughout the Shoalhaven region is easy when you trust Shoalhaven Passenger Service.

P: 0423 748 988

W: www.shoalhavenpassengerservice.net

Ulladulla Buslines

Ulladulla Buslines operates extensive transport services covering the Ulladulla region including Milton, Kings Point, Burrill Lake, Tabourie, Kiola, Narrawallee and Mollymook. Timetables are available from:

W: www.buslinesgroup.com.au/ulladulla/timetables



Safety

Keeping Your Home Secure

Creating a safe environment starts with your own home to cause offenders to re-evaluate committing a crime. Here are some helpful tips to keep your home as safe as possible.

- Change your locks intermittently.
- Get to know your neighbours. Crime tends to be lower in tight-knit communities.
- Make sure your house number is clearly visible for ease of emergency vehicles.
- Keep your home and contents insurance up to date.

Unwanted Visitors

- If you are unsure who the visitor is, don't open the door.
- If there is an emergency, call 000
- Verify the identity of the visitor before you open the door if you are suspicious.

Yards & Sheds

- Keep your yard clear of valuables (bikes, lawn mowers, etc.) by storing them in a lockable shed or garage.
- Lock your gates, sheds and garages.
- Do not give burglars a place to hide, trim your hedges around entrances and walkways to make sure you are visible to the street.

Reporting a Crime

If you see a crime being committed, it is important to report it to the Police.

To report a crime, please dial:

Emergency Services 000

Police Assistance Line 131 444

Crime Stoppers 1800 333 000

Suspicious Terrorist Activity 1800 123 400

You will be issued an event number. Please retain this event number for your records. If you are having problems with recurring criminal activity and find it necessary to report on several occasions, it is imperative to document the times, occurrence and if possible, identification of the individuals/vehicles and the event number.

Church Services

Uniting Outreach Centre

An affordable range of second hand clothing, toys and household items for sale, as well as a friendly face and a warm welcome.

A: 71 North Street, Ulladulla, NSW 2539

P: 02 4454 1694

E: unitingoutreach@hotmail.com

O: Monday-Friday: 9.30am-4.00pm

Saturday: 9.00am-12 noon

The Salvation Army Family Store

A great collection of donated and pre-loved clothing, toys and accessories. There are no furniture or big household items available at this store.

A: 2/113 Princes Hwy, Ulladulla NSW 2539

P: 02 4454 1538

O: Monday-Friday: 8.30am-4.00pm

St Vincent De Paul Society

More than just a treasure trove of bric-a-brac, books, toys, jewellery, furniture, clothing and accessories, Vinnies shops raise funds to allow our members, volunteers and staff to help thousands of everyday people in need of support and hope. The St Vincent de Paul Society reaches out to the most vulnerable in our communities, and by shopping at Vinnies you're helping them continue their good works.

A: 251 Green St, Ulladulla NSW 2539

P: 02 4455 1466

O: Monday-Friday: 8.30am-4.00p

Saturdays: 8:30am-1:00pm



Seniors Discounts

Funland Ulladulla

Offering many of the worlds leading arcade games as well as specialised attractions such as Dodgem Cars, Laser Tag, Simulation Rides and much more.

Discount: 10 bonus on \$10 funcard

P: 02 4454 3220

W: www.funland.com.au

Saunders Mensland

Saunders Mensland is a Family Owned Family operated Menswear store.

Discount: 5% off store-wide

P: 02 4455 2470

W: www.saundersmensland.com

Subway Ulladulla & Subway Central Nowra

Fresh Subway Sandwiches

Discount: 10% off full priced items; conditions apply

A: Ulladulla Lifestyle Centre; 159-161 Princes Hwy

W: www.subway.com.au

P: 02 4454 4731

Comfort Shoes

Discount: 5% off full priced items

A: Shop 4; Philip Centre; Princes Hwy

P: 02 4455 4284

Chris's Painting Service

Discount: 10% discount

P: 02 4455 1436

Mark Smith Plumbing

Discount: 10% discount

P: 0411 414 277

Raymond Pedro & Associates Accounting

\$90 + GST for simple tax return

A: Ulladulla, 35 Village Dr

P: 02 4455 7755

Gentle Dental Practice

10% off fees for specified services

A: Ulladulla, 21 Boree St

W: www.gentledentalprac.com.au

P: 02 4455 1640

Kennedy & Cooke

10% off wills & powers of attorney

Ulladulla, 17 Boree St

www.kennedycooke.com.au

P: 02 4455 1655



Pet Services

Pets can be a wonderful addition to any family, but the responsible care and management of animals by their owners is a duty that must be taken seriously to ensure safety and wellbeing of our community.

Identification and Registration

Companion animals (dog or cat) must be microchipped from the time the animal is 12 weeks old by a vet or animal welfare organisation. The microchip has your pet's identifying number on it that links your pet with you. This gives lost, injured or stolen pets the best chance of being reunited with their owner.

Your pet must be registered with Council by six months of age. Go to petregistry.nsw.gov.au to complete your pet's registration.

Shoalhaven Animal Welfare League

The Animal Welfare League NSW mobile vet service is an Australian-first, fully-fitted out B-Double trailer which has been purposefully designed to enable AWL NSW to travel to regional areas in NSW to provide desexing, vaccination and microchipping programs to communities doing it tough. To find out more information about how the mobile vet service can visit Ulladulla, please call **02 8899 3333** or email helpingpets@awlsw.com.au

Off-leash areas

Dogs are required to be "on-leash" at all times EXCEPT when in an Off-Leash Area. Dogs are only permitted to be "off-leash" in designated Council managed areas and must be under the control of a competent person at all times.

Prohibited Dog Areas

Dogs are totally prohibited from entering these areas in Ulladulla:

- Within 10 metres of any children's playing apparatus or food preparation/consumption areas in public areas. This does not apply if the food preparation/consumption area is a public thoroughfare and where a 10 metre separation distance is not possible.
- Public bathing and/or recreation areas where dogs are prohibited.
- Within the grounds of any child care centre or school without the approval of the person in charge.
- Shopping areas where dogs are prohibited.
- Wildlife protection areas.
- Shorebird nesting areas.

Lost a Pet?

Losing an animal can be distressing and cause worry. If your pet is microchipped and registered with Council, you can be easily reunited. The main collection point for lost animals is Shoalhaven Animal Shelter (Pound).

Contact Ranger Services on **1300 293 111** and let them know (notification must be given within 72 hours after the animal is lost).



Dogs in the Shoalhaven
are required to be "on-leash"
at all times EXCEPT when
in an "off-leash area"



Shoalhaven
City Council

Information accurate 25.11.2021

Off-leash Areas

For more information regarding off-leash areas throughout the shoalhaven please visit:

www.shoalhaven.nsw.gov.au/For-Residents/Pets-Animals/Off-leash-Prohibited-Areas

Communities Assist



Employment Assistance

Our Communities Assist Team can link you to external community organisations and programs that can help you with:

- Goal Setting
- Employment advice
- Referrals to education and training
- Knowledge of requirements for working in specific industries
- Brokerage and funding for work-related items and equipment

Scholarships

The Southern Cross Housing Scholarship Program provides support for our tenants by assisting with the cost of education, sports activities or special interests like cultural learning and arts that help them achieve their full potential. The program supports Primary and High School students, and tenants that are studying at TAFE and University. The maximum amount residents can apply for depends on the applicants school level (see below).

- Primary School up to \$400.00
- High School or TAFE up to \$800.00
- University up to \$1,200.00

Work Development Orders

If you have unpaid debt with NSW State Revenue, Southern Cross Housing can assist by sponsoring you with a Work Development Order. A Work Development Order is an agreement that is made by you to participate in an approved activity to work off your fines. By agreeing to participate in an approved activity, you can reduce your fines by up to \$1000 a month.

To be eligible you must be either:

- Aged Under 18
- Receiving a Centrelink or DVA benefit
- Have a mental illness, intellectual disability or cognitive impairment
- Have a serious addiction to drugs, alcohol or volatile substances
- Experiencing serious financial hardship
- Homeless

For information about all CA programs please call 1300 757 885 or email Communities@scch.org.au.

Keys 2 Renting

Finding your feet in the private rental market can be difficult, especially for those who have just left home and are now searching for a new tenancy. Keys2Renting is a 3 hour online course designed to equip participants with the skills and knowledge to obtain and sustain a private rental property, particularly for those who have had little experience in the private rental market.

The short (3 hour program) covers a range of topics including:

- Budgeting.
- Tenant rights & responsibilities.
- Financial support to initiate and sustain a tenancy.
- How and where to apply for a tenancy.
- Property maintenance during a tenancy.
- Maintaining relationships with neighbours and real estate agents.
- How to end a tenancy.

Tenant Advisory Committees

The Southern Cross Housing Tenant Advisory Committees or (TAC's) are a great way for you to provide tenant input into the way that Southern Cross Housing delivers its services and programs. TAC members develop an in depth understanding of the range of services and activities that are provided and supported by Southern Cross Housing and participation can provide you with skills in leadership, advocacy and event management.

Program Locations:

- Nowra
- Ulladulla
- Cooma
- Bega



Waste + Water Use

Red-Lid Bins

Items that should NEVER go in your red-lid bin:

- Poisons, chemicals, flammable liquid, batteries, flares, light bulbs and other hazardous items.
- See your options for disposal of household problem & hazardous waste.
- Electronic waste including mobile phones.
- Building waste.
- See your options for disposal of building waste.

Items that don't need to go into your red-lid bins:

- Non-meat food waste, lawn clippings and shredded paper – add to your compost.
- Soft plastics – major supermarkets have soft plastics return bins.
- Textiles – reuse as household rags, donate quality clothing.
- Clean polystyrene foam – free drop off at your local Recycling and Waste Depot

Water Usage

A dripping cold water tap or an unexpected leak on the property can lose thousands of litres of water over a three-month period not only wasting water but adding unnecessary cost to your account.

Check for Leaks Regularly

By checking for leaks regularly you can avoid the nasty surprise of a huge water bill. The way we recommend you check for leaks is to read your water meter. You can easily do this by taking a reading before you go out then taking another reading when you get home.

What If I Have A Leak

If you have a leak its important to contact our maintenance team on 1300 757 885 to avoid any unnecessary charges.

At SCH we take recycling seriously and encourage our tenants to recycle correctly. Here are some tips.

Bins

Shoalhaven City Council provides a weekly kerbside bin collection service for your red-lid bins and a fortnightly collection for your yellow-lid bins. The Yellow Bin Recycling Calendar provides a simple guide to collection days.

Yellow-Lid Bins

Yellow-lid bins are for recycling household items including:

- Glass bottles & jars all colours.
- Paper, flattened cardboard & drink cartons e.g. milk/juice cartons.
- Rigid plastic containers e.g. drink/milk/shampoo/detergent bottles, ice cream containers.
- Plastic containers used for biscuits, take-aways, fruit.
- Steel cans e.g. pet food cans, baked bean tins.
- Aluminium foil & cans.
- Aerosol cans – just take the nozzle off.
- Metal lids.

Items that don't need to go into your yellow-lid bins:

- Soft plastics.
- Clothing, footwear, blankets and other textiles.
- Garden waste.
- Food waste.
- Take-away coffee cups.
- Scrap metal.
- Toys.
- Window glass, mirrors, drinking glasses.
- Ceramic crockery.
- Polystyrene.
- Contaminated paper/cardboard e.g. pizza cartons.
- Chemicals and poisons.

2022 -23 Recycling Collection Calendar

JULY 2022							AUGUST 2022							SEPTEMBER 2022							OCTOBER 2022						
M	T	W	T	F	S/S	M	T	W	T	F	S/S	M	T	W	T	F	S/S	M	T	W	T	F	S/S				
				1	2/3	1	2	3	4	5	6/7			1	2	3/4						1/2					
4	5	6	7	8	9/10	8	9	10	11	12	13/14	5	6	7	8	9	10/11	3	4	5	6	7	8/9				
11	12	13	14	15	16/17	15	16	17	18	19	20/21	12	13	14	15	16	17/18	10	11	12	13	14	15/16				
18	19	20	21	22	23/24	22	23	24	25	26	27/28	19	20	21	22	23	24/25	17	18	19	20	21	22/23				
25	26	27	28	29	30/31	29	30	31				26	27	28	29	30		24	25	26	27	28	29/30				
																		31									
NOVEMBER 2022							DECEMBER 2022							JANUARY 2023							FEBRUARY 2023						
M	T	W	T	F	S/S	M	T	W	T	F	S/S	M	T	W	T	F	S/S	M	T	W	T	F	S/S				
		1	2	3	4	5/6			1	2	3/4						1			1	2	3	4/5				
7	8	9	10	11	12/13	5	6	7	8	9	10/11	2	3	4	5	6	7/8	6	7	8	9	10	11/12				
14	15	16	17	18	19/20	12	13	14	15	16	17/18	9	10	11	12	13	14/15	13	14	15	16	17	18/19				
21	22	23	24	25	26/27	19	20	21	22	23	24/25	16	17	18	19	20	21/22	20	21	22	23	24	25/26				
28	29	30				26	27	28	29	30	31	23	24	25	26	27	28/29	27	28								
												30	31														
MARCH 2023							APRIL 2023							MAY 2023							JUNE 2023						
M	T	W	T	F	S/S	M	T	W	T	F	S/S	M	T	W	T	F	S/S	M	T	W	T	F	S/S				
		1	2	3	4/5						1/2	1	2	3	4	5	6/7			1	2	3/4					
6	7	8	9	10	11/12	3	4	5	6	7	8/9	8	9	10	11	12	13/14	5	6	7	8	9	10/11				
13	14	15	16	17	18/19	10	11	12	13	14	15/16	15	16	17	18	19	20/21	12	13	14	15	16	17/18				
20	21	22	23	24	25/26	17	18	19	20	21	22/23	22	23	24	25	26	27/28	19	20	21	22	23	24/25				
27	28	29	30	31		24	25	26	27	28	29/30	29	30	31				26	27	28	29	30					
JULY 2023							See reverse for towns in your area and place a tick in the corresponding box																				
M	T	W	T	F	S/S	<input type="checkbox"/> AREA 2 <input checked="" type="checkbox"/> ALL AREAS Weekly Recycling Collection																					
					1/2																						
3	4	5	6	7	8/9																						
10	11	12	13	14	15/16																						
17	18	19	20	21	22/23																						
24	25	26	27	28	29/30																						
31																											



What goes in your yellow bin

- Glass Food and Beverage Bottles and Jars
- Paper and Flattened Cardboard
- Milk and Juice Containers
- Hard Plastic Bottles and Containers (eg soft drink, detergent, sauce, shampoo and fruit punnets)
- Metal Containers (aerosol, aluminium & steel cans)

Support Services



Mental Health Services

Ulladulla Community Mental Health

Provides services for people with severe mental illnesses or serious risk of harm issues resulting from mental disorder.

P: 1800 011 511

Grand Pacific Health

GPH's clinical mental health teams include appropriately qualified and experienced mental health professionals.

P: 1800 228 987

Flourish

Providing supportive care to ensure you are living comfortably in your own home, eating well, increasing your social skills or simply having someone to talk to.

P: 1300 779 270

Anglicare

Providing mental health services under the NDIS that meet current needs as well as supporting participants to develop skills and work towards goals that will improve their quality of life in the future.

P: 1300 111 278

Domestic Violence Assistance

SAHSSI

A NSW Government funded initiative to provide a 24/7 emergency accommodation and specialist support service to women and children who are fleeing domestic and family abuse. SAHSSI conduct outreach services to the Ulladulla region.

P: 02 4229 8523

National Domestic Violence Line

24-hour national sexual assault, family and domestic violence counselling line for any Australian who has experienced, or is at risk of, family and domestic violence and sexual assault.

P: 1800 737 732

Aboriginal & Torres Strait Islander Services

Aunty Jeans Program

The Aunty Jeans Program is a community orientated program to support Aboriginal people with/or at risk of chronic illness.

The program combines:

- Health promotion and health assessments
- Information and education
- Exercise sessions
- Health eating
- Fun activities!

P: 1800 249 645

Waminda

The Healing Counsellors and Social Emotional Wellbeing Counsellors (SEWB) at Waminda provide high quality therapies including; Crisis support, advocacy, group work, support for families who are impacted by sexual abuse, family and domestic violence support, interpersonal trauma support and grief counselling. Our counsellors incorporate a cultural, spiritual, and family context to enhance social and emotional wellbeing.

P: 02 4413 2579

Southern Youth and Family Services

Southern Youth and Family Services (SYFS) is an Organisation that has the main purpose of supporting and caring for children, young people, adults and families who are disadvantaged, including those who are homeless, or at risk of homelessness and their families.

P: 02 4229 8523

Food Assistance



Ulladulla & Districts Community Resource Centre

Food Store

Open Wednesday and Fridays from 9:30AM to 11AM. Free Fruit, Vegetables and Bread after buying low cost groceries and toiletries. Lifetime memberships are \$5. If you are needing extra assistance, please ask their friendly staff and they will be able to assist you.

A: 78 St Vincent street, Ulladulla NSW 2539

P: 02 44540477

E: reception@ulladullacrc.org.au

Salvation Army Ulladulla

Emergency Relief

If you're struggling to make ends meet, The Salvation Army may be able to provide practical assistance. If you call the 1300 below, The Salvation Army will assess your situation and refer you to a local 'Salvos Connect' site to receive assistance. Please note that your circumstances will be assessed with regards to your needs and available resources.

Monday and Friday 9am-11:30am

P: 1300 371 288

A: Shops 7-12 Top of the Town Plaza

137 Princes Highway

Ulladulla NSW

E: nswcsadmin.nowra@missionaustralia.com.au

St Vincent De Paul

Emergency Relief

Relief is available for individuals and families experiencing disadvantage. Aid includes food parcels, Vinnies Store clothing vouchers, electricity & telephone vouchers and assistance with pharmaceutical expenses.

A: 251 Green Street, Ulladulla NSW 2539

P: 02 4455 5666

W: www.vinnies.org.au

Bay & Basin Community Resources

Emergency Food Relief

A community based 'not for profit' organisation that has been at the forefront of providing community services across the Shoalhaven/Illawarra. Emergency relief is available for individuals and families experiencing disadvantage. Aid includes food parcels. Referral to housing services can also be provided for people experiencing homelessness.

A: 18 Sanctuary Point Rd, Sanctuary Point NSW 2540

P: 02 4443 9244

W: www.bbcricri.com.au/

Mission Australia

Emergency Food Relief

Emergency relief helps people to address their immediate basic needs in times of financial crisis or hardship through material or financial aid (e.g. vouchers, clothes and food parcels). Support is offered in a way that maintains the dignity of individuals and families and encourages self-reliance. As well as financial and material support, we also link people with services in the community to help them address the challenges that are affecting their financial wellbeing.

A: 80 St Vincent St, Ulladulla NSW 2539

P: 02 44482000

E: nswcsadmin.nowra@missionaustralia.com.au





Independant Living

Living at home alone

If you have a Disability or your mobility over time has become limited, there are services around that can assist you with every day tasks that may become more difficult so you can continue to live comfortable at home.

MyAged Care

My Aged Care is your starting point for accessing Australian Government-funded aged care services.

My Aged Care provides:

- Information on the different types of in home aged care services available.
- Referrals and support to find service providers that can meet your needs.

Eligibility

To qualify for assessment, you must meet some needs and age requirements. These check:

- How much assistance you need with some everyday tasks.
- That you are 65 years or older (50 years or older for Aboriginal or Torres Strait Islander people).

IRT

IRT offer quality care with home care services available based on where you live, the level of care you need and if you're eligible for government funding.

IRT can help you with:

- Personal Care
- Cleaning and Household Tasks
- Getting out and about

P: 134 478

W: www.irt.org.au/home-care/

Uniting

If you're over 65 and would like to stay living in your own home, Uniting's home care services are designed to support you.

P: 1800 864 846

W: www.uniting.org/services/aged-care-services

ARCARE

A premium accredited provider of residential aged care for older Australians.

A: 25 Ilett St, Mollymook 2539

P: 1300 297 189

W: www.arcare.com.au

National Disability Insurance Scheme

The government will give you an approved funding package for the types of services you need and you will have the choice of who will provide the services you need. Funding may cover services to help with daily activities, transport, therapeutic support, help with household tasks and home modifications.

To Receive an NDIS support package, you must:

- Live in an area where the NDIS is available.
- Meet the residency requirements (be an Australian citizen, permanent resident or Protected Special Category Visa holder).
- Meet the disability or early intervention requirements.
- Be under 65 years of age when the access request is made.
- Meet any other conditions relevant to your individual circumstances.

Azuraa

Azuraa's experienced and dedicated team will assist you to live your best independent life within a range of environments including your own home. Azuraa have nursing professionals, teachers, trainers, artists, community developers, musicians, drama teachers and Local Area Coordinators to offer.

P: 0400 966 930

W: disabilitysupport@azuraa.com.au

SCH Clean Up Crew

If you require assistance with additional clean up services to get rid of any rubbish, furniture or waste around the house or assistance with maintaining your lawns and gardens, SCH's clean up crew can assist. The clean up crew offer this service for residents in Bomaderry to Ulladulla. This service is provided at a discounted rate.

Services include:

- Mowing
- Trimming Hedges
- Edgings
- Weeding
- Rubbish removal (All rubbish will need to be outside of the property for pickup)

Being A Good Neighbour



Living With Your Neighbour

The best way to address neighbour problems is in a friendly cooperative manner rather than by regulations. Often the person causing the concern is not even aware there is an issue. Occasionally, disputes cannot be easily resolved between neighbours. In these circumstances you may find it helpful to contact a Community Justice Centre who may be able to help if adjoining owners have difficulty reaching an agreement

Noise

We all create noise however the offensiveness of noise can vary from person to person. As a community we have some understanding about what levels of noise are acceptable and what are not.

For our Ulladulla residents, if we can keep the noise at an absolute minimum after 11pm at night.

If neighbourhood noise is a genuine problem for you there are a number of options you can consider including:

- **Talk to People** - Try to solve the problem amicably by talking to whoever is causing the noise.
- **Contact a Community Justice Centre** - If the noise continues, you can contact a Community Justice Centre (CJC).
- **Contact SCH or Police** - depending on the type of noise and hours it is being emitted.

Pets

It is important that your neighbours are afforded peace, comfort, and privacy, therefore a pet must not be a nuisance or annoyance to neighbours, including excessive noise. It is important to note that should a breach occur, SCH will ask the tenant to remove the pet.

It is important to also clean up after your pet. If you share a common courtyard or area that you allow your pet to use the toilet on, then you **MUST** clean up after it.

Visitors

Visitors are allowed at SCH properties, however we ask if you can kindly have your family and/or friends visit you during the day time as to not cause any noise late at night. If visitors become a nuisance to any neighbouring properties, a complaint will be filed with SCH and you can be excluded from returning to the premise by the police.

Parking

Not all SCH properties will have allocated parking spots to specific units within a complex. However, if there are allocations, the expectation is that you are not parking your car, motorbike, boat or any other vehicle in a carpark that is not allocated to you.

If there are visitors car spaces available, these car spots are available for anyone that is visiting a resident. Whoever is first in will get that carspace. Please ensure residents are not using the visitors car spaces for their own personal use as residents may have support workers or helping aids visiting properties so they can complete their errands.

Driveways or any access points to the property should be clear at all times to allow for emergency services to access the building. Any vehicles illegally parked will be subjected to being towed.

Neighbourhood Watch

A program encouraging neighbours to watch out for neighbours and their property during times when burglaries and other crimes are most likely to occur.

It is a community based self help program aimed at reducing the incidence of preventable crime. A Police Officer on patrol may not know what is normal in your street and may not recognise a stranger in your yard.

You and your neighbours are in a position to observe and report anything of a suspicious nature to Police.

If your neighbour notices anything strange happening in your neighbourhood, it will be reported to the police.